

**SAINTS INDOOR INVITATIONAL**  
**ST. LAWRENCE UNIVERSITY / NEWELL FIELD HOUSE - 1/27/2024**  
**Results - Meet Order**

**Event 1 Men 60 Meter Dash**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1		Baptiste, Melchisedek	LimitlessEra X7.01Q
2		Braenen, Jamal	Limitless Er X7.05Q
3	SR	Montville, Brexton	Plattsburgh 7.10Q
4	JR	Hauf, William	St. Lawrence 7.18q
5	SO	Williams, Jordan	Plattsburgh 7.25q
6	FR	Daniels, Carter	St. Lawrence 7.35q
7	JR	Dillard, Cameron	St. Lawrence 7.46q
8	SO	Halpin, Carter	SU Running C X7.46q
9	FR	Beauchesne, Jack	St. Lawrence 7.50
10	FR	Young, Caleb	St. Lawrence 7.51
11	JR	Gartner, Charles	St. Lawrence 7.54
12	FR	Beltran, Ryan	Plattsburgh 7.61
13	JR	Shaffe, Shifan	St. Lawrence 7.77
14	SO	Kone, Mussa	Plattsburgh 7.82
15	FR	Lin, Sampson	Plattsburgh 7.83
16	SO	Lutz, Jesse	St. Lawrence 7.86
17	JR	Steele, Ryan	St. Lawrence 7.91
18	FR	Smith, Kalvin	Plattsburgh 7.92
19		Paderon, Marcus	CU Track & F 7.96
20	SO	Ramirez, Sean	Plattsburgh 8.03
21		Viens, Luc	CU Track & F 8.49

**Event 2 Men 1 Mile Run**

Name	Yr	School	Finals
<b>Finals</b>			
1	JR	Skutt, Michael	St. Lawrence 4:22.84 9
2	JR	Kotula, August	St. Lawrence 4:32.69 7
3	FR	Stubler, Peter	St. Lawrence x4:38.54
4	FR	Richard, Graham	Plattsburgh 4:40.74 6
5	SO	Kucera, Erik	Plattsburgh 4:44.10 5
6		Reigelsperger, Drew	CU Track & F 4:47.52 4
7	JR	Rodriguez-Garnica, Denali	Plattsburgh x4:48.60
8	FR	Lauvau, Matthias	Plattsburgh x4:57.38
9		Swartley, Kaleb	CU Track & F 4:58.02 3
10	FR	Barney, Samuel	Potsdam St. 4:59.73 2
11	SO	Occhipinti, Jack	St. Lawrence x5:01.88
12	FR	Alexander, Nathan	Plattsburgh x5:02.28
13		Fiacco, Anthony	CU Track & F x5:02.85
14		Murray, Patrick	CU Track & F x5:02.93
15		Sawyer, Riley	CU Track & F x5:12.11
16		Nickels, Tyler	CU Track & F x5:13.07
17		Baird, Evan	CU Track & F x5:14.42

**Event 3 Women 1 Mile Run**

Name	Yr	School	Finals
<b>Finals</b>			
1	JR	Palumbo, Emma	St. Lawrence 5:20.61 9
2	SO	Cecchetelli, Adriana	St. Lawrence 5:34.15 7
3	SO	Colvin, Marissa	Plattsburgh 5:35.60 6
4	JR	Smith, Sarah	Plattsburgh 5:45.02 5
5	FR	Sirgany, Quinn	St. Lawrence x5:48.91
6	FR	Sloth, Anya	Plattsburgh x5:54.66

7	FR	Moran, Lillian	Plattsburgh x6:01.90
8	FR	McDonough, Grace	St. Lawrence x6:18.28
9	JR	Graves, Nora	St. Lawrence x6:18.91
10		Lahiff, Kelly	CU Track & F 6:29.54 4
11		Simon, Alexandra	CU Track & F 6:32.29 3
12	SO	Ginter, Kailyn	Plattsburgh x6:40.77
13	FR	Robinson, Julia	Plattsburgh x7:06.44

**Event 4 Men 400 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1	FR	Kester, Jack	SU Running C X51.69
2	JR	Shaffe, Shifan	St. Lawrence 53.38 9
3	SO	Mellor, Kristofer	St. Lawrence 55.18 7
4	FR	Reed, Matthew	Potsdam St. 55.86 6
5	FR	Scalessa, Robert	St. Lawrence x56.41
6	FR	O'Horo, Brendan	St. Lawrence x57.96
7		Morrison, Clark	CU Track & F 60.01 5
8	FR	Henley, Sean	Potsdam St. 60.29 4
9		Miller-Lynch, Conor	CU Track & F 60.60 3
10		Paquette, Alexander	CU Track & F x61.79
11		Shertz, James	CU Track & F x62.18
12		Therault, Owen	CU Track & F x67.06

**Event 5 Women 400 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1	JR	Yousey, Emily	Potsdam St. 64.75 9
2	SO	McNally, Margaret	St. Lawrence 65.67 7
3	JR	Robbins, Emma	Potsdam St. 66.79 6
4	JR	Francesconi, Amy	St. Lawrence 75.11 5
5		Dube, Katryna	CU Track & F 76.68 4

**Event 6 Men 60 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1	SO	Halpin, Carter	SU Running C X9.10
2	SO	McGorray, Brogan	St. Lawrence 9.77 9
3	FR	Rando, Evan	Plattsburgh 10.10 7
4	JR	Petty, Tim	Potsdam St. 10.14 6
5	SO	Webber, Faris	Plattsburgh 11.13 5

**Event 7 Women 60 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1	SO	Khadijah, Mikayla	Plattsburgh 11.24 9
2	FR	Trempe, Elena	St. Lawrence 11.33 7
3	SO	LeDuc, Marissa	Plattsburgh 11.34 6
4	JR	Berge, Katherine	Plattsburgh x11.44
5	SO	Berthold, Amelia	St. Lawrence 11.48 5
6	JR	Winters, Raven	Potsdam St. 11.48 4

**Event 8 Men 60 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1		Baptiste, Melchisedek	LimitlessEra X6.95
2		Braenen, Jamal	Limitless Er X7.02

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**Results - Meet Order**

**Finals ... (Event 8 Men 60 Meter Dash)**

Name	Yr	School	Finals
3 Montville, Brexton	SR	Plattsburgh	7.05 9
4 Hauf, William	JR	St. Lawrence	7.13 7
5 Williams, Jordan	SO	Plattsburgh	7.20 6
6 Daniels, Carter	FR	St. Lawrence	7.33 5
7 Halpin, Carter	SO	SU Running C	X7.48
8 Dillard, Cameron	JR	St. Lawrence	x7.64

**Event 9 Women 60 Meter Dash**

Name	Yr	School	Finals
1 Wagner, Madison	SO	Potsdam St.	8.50 9
2 Zoch, Deanna	SR	Plattsburgh	8.54 7
3 Schaffer, Michaela	JR	Plattsburgh	8.58 6
4 Clarke-Martin, Chayse	FR	Plattsburgh	x8.88
5 Powers, JoAnne	FR	Potsdam St.	8.89 5
6 Hunsicker, Peyton	FR	St. Lawrence	9.24 4
7 Dube, Katryna		CU Track & F	9.59 3

**Event 10 Men 800 Meter Run**

Name	Yr	School	Finals
1 Lyndaker, Nicholas	SO	St. Lawrence	1:56.94 9
2 Bonesteel, Noah	JR	Plattsburgh	1:57.10 7
3 Renaud, Sam	JR	Potsdam St.	2:00.44 6
4 O'Donnell, Christopher	JR	St. Lawrence	2:00.59 5
5 Reigelsperger, Drew		CU Track & F	2:07.32 4
6 Baker, Henry	SO	St. Lawrence	x2:07.86
7 DeJulio, Matt	FR	Plattsburgh	2:10.70 3
8 Gelsomino, Nicholas	SO	Plattsburgh	x2:11.93
9 Fiacco, Anthony		CU Track & F	2:13.43 2
10 Siracusa, Eli	SO	Potsdam St.	2:19.53 1
11 St. Peter, Connor	SO	St. Lawrence	x2:22.12
12 Barrett, Harper	SR	Potsdam St.	x2:27.22
13 Shertz, James		CU Track & F	x2:42.99

**Event 11 Women 800 Meter Run**

Name	Yr	School	Finals
1 Palumbo, Emma	JR	St. Lawrence	2:26.73 9
2 Stone, Cameran	SO	St. Lawrence	2:31.75 7
3 Yousey, Emily	JR	Potsdam St.	2:36.24 6
4 Gambino, Sophia	FR	Plattsburgh	2:42.43 5
5 Orlando, Adrianna	FR	Potsdam St.	2:54.03 4
6 Hartmann, Natalie	JR	Potsdam St.	x3:05.78

**Event 12 Men 200 Meter Dash**

Name	Yr	School	Finals
1 Braenen, Jamal		Limitless Er	X23.01
2 Hauf, William	JR	St. Lawrence	23.26 9
3 Kester, Jack	FR	SU Running C	X23.82
4 Young, Caleb	FR	St. Lawrence	23.87 7
5 Beauchesne, Jack	FR	St. Lawrence	x23.89
6 Daniels, Carter	FR	St. Lawrence	x23.98

7 Mahoney, John	FR	St. Lawrence	x24.19
8 Paderon, Marcus		CU Track & F	26.14 6
9 Henley, Sean	FR	Potsdam St.	26.37 5
10 Miller-Lynch, Conor		CU Track & F	27.22 4
11 Sawyer, Riley		CU Track & F	x28.46

**Event 13 Women 200 Meter Dash**

Name	Yr	School	Finals
1 Robbins, Emma	JR	Potsdam St.	28.71 9
2 Wagner, Madison	SO	Potsdam St.	28.82 7
3 McNally, Margaret	SO	St. Lawrence	28.97 6
4 Thompson, Morgan	JR	Plattsburgh	29.32 5
5 Estus, Grace	FR	Plattsburgh	29.55 4
6 Powers, JoAnne	FR	Potsdam St.	x30.09
7 Winters, Raven	JR	Potsdam St.	x32.23
8 Trempe, Elena	FR	St. Lawrence	32.32 3
9 Francesconi, Amy	JR	St. Lawrence	x32.83
10 Berthold, Amelia	SO	St. Lawrence	x33.00

**Event 14 Men 3000 Meter Run**

Name	Yr	School	Finals
1 Patry, Owen	SO	St. Lawrence	8:57.54 9
2 Roeder, Griffin	SO	St. Lawrence	8:59.88 7
3 Taylor, Matthew	JR	St. Lawrence	x9:00.65
4 Russell, Patrick	SO	St. Lawrence	x9:03.28
5 Brockway, Michael	JR	Plattsburgh	9:14.71 6
6 Hagen, Henry	FR	St. Lawrence	x9:17.58
7 Kumrow, Justin	JR	Plattsburgh	9:22.14 5
8 Serrano, Matthew	SO	St. Lawrence	x9:30.15
9 Jacobsen, Cole	FR	St. Lawrence	x9:39.04
10 Howe, Evan	JR	Plattsburgh	x9:39.35
11 Brown, Zander	FR	Plattsburgh	x9:52.49
12 LaRose, Brogan	SR	Unattached	X10:01.88
13 McIntosh, Lukas	SO	Plattsburgh	x10:07.38
14 Zimmerman, JT	JR	Plattsburgh	x10:08.85
15 Basile, Peter	JR	Plattsburgh	x10:20.11

**Event 15 Women 3000 Meter Run**

Name	Yr	School	Finals
1 Blake, Charlotte	FR	St. Lawrence	10:25.49 9
2 Bernier, Olivia	JR	St. Lawrence	10:42.74 7
3 Bennett, Hannah	FR	St. Lawrence	x10:46.25
4 Zack, Carly	FR	St. Lawrence	x11:24.91
5 Holl, Kinsley	JR	St. Lawrence	x11:37.65
6 Rothe, Emma	JR	St. Lawrence	x12:11.76
7 Boyle, Grace	SO	Plattsburgh	13:01.06 6
8 May, Jodie	SO	Plattsburgh	13:03.56 5

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**Event 16 Men 4x200 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Plattsburgh St.	A	1:32.18 9
1) Montville, Brexton SR	2) Beltran, Ryan FR	
3) Williams, Jordan SO	4) Cypress, Charles SO	
2 St. Lawrence	A	1:33.82 7
1) Beauchesne, Jack FR	2) Hauf, William JR	
3) Young, Caleb FR	4) Daniels, Carter FR	

**Event 17 Women 4x200 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Plattsburgh St.	A	1:57.52 9
1) Estus, Grace FR	2) Thompson, Morgan JR	
3) Zoch, Deanna SR	4) Khadijah, Mikayla SO	
2 St. Lawrence	A	2:02.93 7
1) McNally, Margaret SO	2) Trempe, Elena FR	
3) Hines, Caroline SO	4) Hunsicker, Peyton FR	

**Event 18 Men 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 St. Lawrence	A	3:40.32 9
1) Lyndaker, Nicholas SO	2) O'Donnell, Christopher JR	
3) Mellor, Kristofer SO	4) Mahoney, John FR	
2 St. Lawrence	B	x3:54.59
1) Kotula, August JR	2) Stubler, Peter FR	
3) Skutt, Michael JR	4) Scalessa, Robert FR	

**Event 19 Women 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 St. Lawrence	A	4:32.14 9
1) Blake, Charlotte FR	2) Stone, Cameran SO	
3) Bennett, Hannah FR	4) Zack, Carly FR	
2 Plattsburgh St.	B	4:47.85 7
1) Sloth, Anya FR	2) Ginter, Kailyn SO	
3) Smith, Sarah JR	4) Moran, Lillian FR	
3 Plattsburgh St.	A	x4:58.14
1) Gambino, Sophia FR	2) May, Jodie SO	
3) Robinson, Julia FR	4) Colvin, Marissa SO	

**Event 27 Men Weight Throw**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jaworski, Zachary	JR	St. Lawrence	14.08m 9
2 Schneider, Erik	SO	St. Lawrence	13.15m 7
3 Bowens, Tito	JR	St. Lawrence	x12.38m
4 Rowe, Ethan	JR	St. Lawrence	x11.68m
5 Trudo, Spencer	JR	Plattsburgh	11.01m 6
6 Viens, Luc		CU Track & F	9.71m 5
7 Konnick, Thomas	SO	Plattsburgh	9.69m 4
8 Sufirin, Alex	FR	Plattsburgh	x9.62m
9 Baxter, Chandler	FR	Plattsburgh	x7.89m

**Event 33 Men High Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Smigen, Michael	FR	St. Lawrence	1.75m 9
2 Brown, Anthon	FR	Plattsburgh	1.70m 7
3 Gerken, Locke	FR	Plattsburgh	1.70m 6
4 Mahoney, John	FR	St. Lawrence	1.70m 5
5 McGorray, Brogan	SO	St. Lawrence	x1.65m

**Event 30 Women Long Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 LeDuc, Marissa	SO	Plattsburgh	4.68m 9
2 Wagner, Madison	SO	Potsdam St.	4.56m 7
3 Hines, Caroline	SO	St. Lawrence	4.18m 6
4 Khadijah, Mikayla	SO	Plattsburgh	3.88m 5
5 Berthold, Amelia	SO	St. Lawrence	3.87m 4

**Event 28 Women Weight Throw**

Name	Yr	School	Finals
<b>Finals</b>			
1 Cruz, Lauryn	FR	St. Lawrence	11.42m 9
2 Jump, Taygin	FR	Plattsburgh	11.38m 7
3 Boswell, Emily	JR	St. Lawrence	11.24m 6
4 Fleischmann, Rosemary	SO	St. Lawrence	x10.92m
5 Semco, Rylee	SO	Potsdam St.	10.02m 5
6 Conners, Alaina	JR	Plattsburgh	9.65m 4
7 Roth, Mackenzie		CU Track & F	9.56m 3
8 Rachwal, Katie	FR	Plattsburgh	x9.41m
9 Newman, Wyatt	FR	St. Lawrence	x9.33m

**Event 34 Women High Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Berge, Katherine	JR	Plattsburgh	1.50m 9
2 Christie, Rebecca	SO	Plattsburgh	1.40m 7
3 Berthold, Amelia	SO	St. Lawrence	1.35m 6
--- LeDuc, Marissa	SO	Plattsburgh	NH

**Event 29 Men Long Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Masten, Aidan	JR	Plattsburgh	6.32m 9
2 Mahoney, John	FR	St. Lawrence	5.98m 7
3 Mulholland, Ethan	FR	Plattsburgh	5.82m 6
4 Lin, Sampson	FR	Plattsburgh	x5.80m
5 Smigen, Michael	FR	St. Lawrence	5.78m 5
6 Rando, Evan	FR	Plattsburgh	x5.73m
7 McGorray, Brogan	SO	St. Lawrence	x5.63m
8 Gartner, Charles	JR	St. Lawrence	x5.52m
9 Williams, Ryan	FR	Plattsburgh	x5.36m
10 Lutz, Jesse	SO	St. Lawrence	x5.30m
11 Brown, Anthon	FR	Plattsburgh	x5.29m
12 Steele, Ryan	JR	St. Lawrence	x5.18m
13 Webber, Faris	SO	Plattsburgh	x5.07m
14 McDonough, Thomas	JR	Plattsburgh	x5.06m

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**Finals ... (Event 29 Men Long Jump)**

Name	Yr	School	Finals
15 Petty, Tim	JR	Potsdam St.	5.02m 4
16 Paderon, Marcus		CU Track & F	4.98m 3

**Event 35 Men Pole Vault**

Name	Yr	School	Finals
<b>Finals</b>			
1 Petty, Tim	JR	Potsdam St.	2.80m 9
2 Rando, Evan	FR	Plattsburgh	2.30m 7
--- Webber, Faris	SO	Plattsburgh	NH

**Event 25 Men Shot Put**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jaworski, Zachary	JR	St. Lawrence	13.45m 9
2 Bowens, Tito	JR	St. Lawrence	12.62m 7
3 Viens, Luc		CU Track & F	12.20m 6
4 McAfee, Chris		Unattached	X12.00m
5 Lehman, Tate		CU Track & F	11.85m 5
6 Schneider, Erik	SO	St. Lawrence	x10.46m
7 Rowe, Ethan	JR	St. Lawrence	x10.35m
8 Sufirin, Alex	FR	Plattsburgh	9.91m 4
9 Konnick, Thomas	SO	Plattsburgh	9.76m 3
10 Baxter, Chandler	FR	Plattsburgh	x9.54m
11 Trudo, Spencer	JR	Plattsburgh	x9.48m
12 Steele, Ryan	JR	St. Lawrence	x9.38m
13 Ladouceur, Cooper	SO	Potsdam St.	9.30m 2
14 Stevens, Zane	SO	Potsdam St.	9.26m 1

**Event 32 Women Triple Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Schaffer, Michaela	JR	Plattsburgh	10.04m 9
--- Hines, Caroline	SO	St. Lawrence	FOUL

**Event 26 Women Shot Put**

Name	Yr	School	Finals
<b>Finals</b>			
1 Boswell, Emily	JR	St. Lawrence	10.32m 9
2 Rhoads, Bliss	SR	Plattsburgh	10.10m 7
3 Rachwal, Katie	FR	Plattsburgh	9.93m 6
4 LeDuc, Marissa	SO	Plattsburgh	x9.19m
5 Cruz, Lauryn	FR	St. Lawrence	8.97m 5
6 Fleischmann, Rosemary	SO	St. Lawrence	x8.42m
7 Jump, Taygin	FR	Plattsburgh	x8.38m
8 Khadijah, Mikayla	SO	Plattsburgh	x7.88m
9 Semco, Rylee	SO	Potsdam St.	7.01m 4
10 Connors, Alaina	JR	Plattsburgh	x6.77m
11 Newman, Wyatt	FR	St. Lawrence	x6.73m
12 Mattingly, Jane	SO	Potsdam St.	5.82m 3
--- Roth, Mackenzie		CU Track & F	FOUL

**Event 31 Men Triple Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Smigen, Michael	FR	St. Lawrence	12.11m 9

2	Reed, Matthew	FR	Potsdam St.	11.24m	7
3	Lutz, Jesse	SO	St. Lawrence	10.85m	6
4	O'Horo, Brendan	FR	St. Lawrence	x10.58m	
---	Watson, De'Andre	FR	Plattsburgh	FOUL	

**Women - Team Rankings - 14 Events Scored**

1)	St. Lawrence	146
2)	Plattsburgh St.	143
3)	Potsdam St.	78
4)	CU Track & Field	17

**Men - Team Rankings - 15 Events Scored**

1)	St. Lawrence	188
2)	Plattsburgh St.	120
3)	Potsdam St.	53
4)	CU Track & Field	50